

9-15-2017

NEXT BEST YEARS OF YOUR LIFE
Living the Good Life

The next best years of your life can be the best years if you take the time and effort to recognize needs and seek answers. Join us for a day of discovery -- and challenge yourself to learn, create and enjoy!

Schedule

- 8:00 - 8:30.....Registration
- 8:30Welcome by Mayor Gray or designee
- 9:00 - 10:00Ben Chandler, Foundation for Healthy Kentucky, The State of Kentucky Health
- 10:00 - 10:15.....BREAK
- 10:15 - 11:00.....Detective Sharapov, LFUCG Police Department, Safety for Seniors
- 11:00 - 12:00.....Amy Goyer National spokesperson for AARP and author on Caregiving
- 12:00 - 1:15.....LUNCH
- 1:00 - 1:30..... Flat Out Fun Dancers
- 1:30 - 2:30.....Kelly May from Department of Financial Institutions, Protecting Investors (Investment Fraud Bingo)
- 2:30 - 3:00.....Closing, Evaluations and Door Prizes

AARP[®]

Real Possibilities

AARP's National Family and Caregiving Expert



Amy Goyer

Foundation for Healthy Kentucky



Ben Chandler

Planning Committee

The Willows

The Office of Lifelong Learning at UK

YMCA of Central Kentucky

Fayette County Cooperative Extension Office

Lexington-Fayette County Health Department

Senior Helpers of the Bluegrass

Bluegrass Area Agency on Aging & Independent Living

Lifeline Home Health Care

Sayre Christian Village

The Next Best Years of Your Life: Living the Good Life!

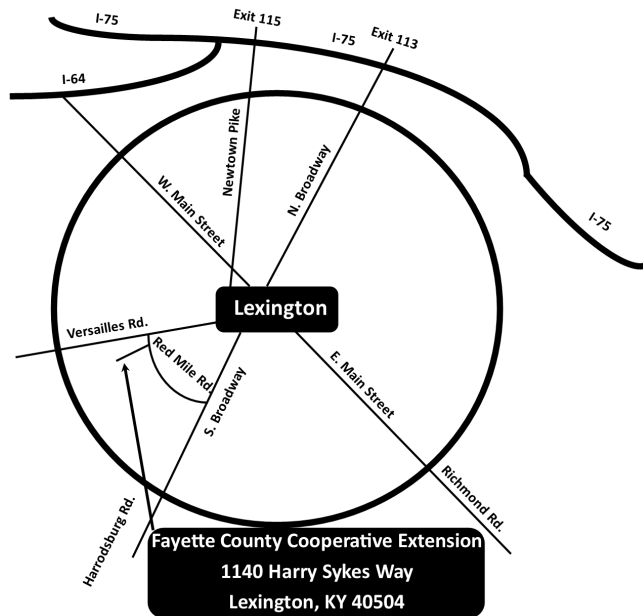
Celebrating our 22nd year!

Friday, September 15, 2017

Fayette County Extension Center

1140 Harry Sykes Way (formerly 1140 Red Mile Place)

(859) 257-5582



The Extension Center is located on Harry Sykes Way. This street is on the south side of Red Mile Road next to Central Equipment. You can reach Red Mile Road from Versailles Road or Broadway. Turn on Harry Sykes Way and go past the Family Care Center. You will find the Extension Center on your left. Please park in the rear of the building and enter through the double doors.

Workshop Registration for The Next Best Years of Your Life

Registration Deadline:
Friday, September 5, 2017

Notes: We are unable to adjust the temperature of the meeting room. Please bring a sweater or jacket for your comfort.

Please park **behind** the Extension Building. You may be towed if you park in the Family Care Center lot and asked to move if you park in front of the Extension Building.

Name: _____ E-mail: _____

Address: _____ Phone: _____

City: _____ Zip: _____ County: _____

Person to Call in Emergency: _____ Relationship: _____ Phone: _____

Cost: \$12.00 (includes continental breakfast, lunch, and materials)

Make checks payable to: Community FCS Program

Clip form & send check to: Next Best Years of Your Life Conference

Fayette County Extension

1140 Harry Sykes Way (formerly 1140 Red Mile Place), Lexington, KY 40504