

17th Annual Bluegrass Regional

Grandparents Raising Grandchildren Conference

G A P

***Grandparents As
Parents***

Thursday, March 21, 2019
Clarion Hotel, 1950 Newtown Pike
Lexington, KY 40511

**All grandparents, relatives,
kinship caregivers and
professionals are invited to
attend.**



Featured Speaker: Dr. Clarissa Belle

Dr. Clarissa Belle is a licensed psychologist with a passion for assisting youth, families and child-serving systems in coping with psychological trauma. During her doctoral studies at the University of Kentucky, Dr. Belle was drawn to children with intense behavioral and emotional problems. She quickly realized that behind their tough exterior and withdrawal, there was significant unresolved pain. While working in school-based mental health clinics, community mental health clinics, and training educators across the state, Dr. Belle has maintained a focus on working to enhancing the functioning of trauma exposed youth. Dr. Belle recently started a private practice, Higher Horizons, and the foundation of her practice is cultivating safe, supportive and trusting relationships because relationships are the conduit through which effective treatment and systemic change take place.

17th Annual **GAP** Conference—March 21, 2019



Conference Schedule

8:00-8:30 AM Registration—Resource Fair Opens

8:30-9:00 AM Conference Starts

Welcome/Successfully Raised

Ronnie Sloan

9:00-10:30 AM Keynote Session

Dr. Clarissa R. Belle, Higher Horizons

Fostering Resilience: One Connection at a Time

Many children experience intense feelings of fear, terror and helplessness within the context of important relationships. Relational trauma requires relational healing, and this workshop will aid caregivers in understanding ways they can use relationships as a tool for to enhance children's functioning.

10:45-12:00 PM Workshop Session One*

1. Navigating the Legal Path to Guardianship, Custody & Adoption

Ross Ewing, Attorney at Law

2. Helping the Electronically Addicted Brain

Paul Dalton, The Offices of Paul Dalton

3. Online Sexual Exploitation: Lessons in Prevention from the Front Lines

Jeremy Murrell, Kentucky State Police

4. Needle Exchange & Naloxone: Two Strategies to Prevent Negative Health Consequences of Injection Drug Use

Kraig Humbaugh, Lexington-Fayette County Health Department

12:00-1:00 PM Lunch & Door Prizes

1:00-2:00 PM Workshop Session Two*

5. Understanding and Disciplining Your Child

Dr. David Weisenhorn, UK Family & Consumer Sciences

6. Legal Aspects of the Adoption Process

Judge Libby Messer and Dori Thompson, Attorney at Law

7. Resources Available to Pay for College

Tre' Sims, KY Higher Education Assistance Authority

8. Kinship Stories of Advocacy & Action

Richard Dawahare, Attorney at Law, Michael Fitzpatrick, Grandparent & Norma Hatfield, Grandmother

2:10-3:30 PM Featured Session

Dr. Clarissa R. Belle

9. Identifying Keys to Cultivate Healthy Relationships with Trauma-Exposed Youth

Caregivers face many challenges as they strive to develop healthy relationships with children who have experienced significant loss, pain and disappointment. We will learn strategies that will aid in fostering resilience through the development of positive, safe and supportive relationships.

*For full workshop descriptions please visit www.gapofky.org.

2019 Registration Form

Name(s): _____
Address: _____
City, State: _____ Zip Code: _____
Phone: _____ County: _____
Email: _____

Exhibitors for the Resource Fair must call 859-257-5582 for registration information.

Registration fee includes box lunch (**breakfast is NOT available**).

Please check one:

- Grandparent—\$5.00 registration fee per person
 Relative or Caregiver—\$5.00 registration fee per person
 Specify (ex. Aunt, Sister, Cousin): _____
 Professional—\$50.00 (includes CEUs for social work and FRYSC hours)

Title: _____

Agency: _____

Approved for Social Work Continuing Education Credits (5.0), and FRYSC Training Hours (6.0). *Please note: Social Work CEU certificates will only be awarded following the conclusion of last session and require attendance at the keynote, workshops, and featured session.*

The LFUCG Department of Social Services is approved by the Kentucky Board of Social Work to sponsor continuing education for credential holders. The LFUCG Department of Social Services maintains responsibility for this program and its content.

Please check:

- If this is your first time attending the GAP Conference.
 If you need an invoice. If you are paying with a **purchase order**, attach a copy with your registration form.

There will be no refunds after **March 15, 2019**. No childcare will be offered.

By registering for the GAP conference, you give permission to receive related mailings as approved by the GAP Committee. Your personal information will not be shared or sold. You allow your likeness or picture to appear in any official capacity in any manner incidental to participation in this event/program without compensation to yourself, heirs, executors, agents and/or administrators. Initial here if you do NOT agree. _____

Circle the workshop numbers you plan to attend (see page 2 for titles):

Workshop Session One 10:45 AM-12:00 PM (circle one) #1 #2 #3 #4

Workshop Session Two 1:00 PM-2:00 PM (circle one) #5 #6 #7 #8

Featured Session 2:10 PM-3:30 PM (circle) #9

Registration Deadline: Friday, March 15, 2019 (or sooner if spots are filled)

Make checks payable to: COMMUNITY FCS PROGRAM

Send registration form and payment to:

Fayette County Extension Office
GAP Conference
1140 Harry Sykes Way
Lexington, KY 40504
859-257-5582



Legal Consultation Request

17th Annual Grandparents and Relatives
Raising Children Legal Consultation Request



Volunteer attorneys will be available at the conference to provide free consultations about guardianship, custody, child support and related legal issues to grandparents and other relatives raising children. The consultations are limited to 30 minutes, and the attorneys will only be able to provide information and advice. They are not making a commitment to represent you in court on any matter by providing this consultation. They may be able to help you interpret any legal documents you may have, assess your current legal status as a caregiver and offer advice regarding legal steps that you could take.

There will be a limited number of consultations available. Appointments will be assigned based upon when your request for a consultation is received.

To have a free consultation with an attorney you need to complete this form and send it in today. When all of the time slots are filled, you may be placed on a waiting list. The sooner you send in your request, the more likely we will be able to help you. This form must be completed and returned through the mail with your conference registration in order for your request to be considered.

Request for free legal consultation:

Name _____

Address _____

City _____ State _____ Zip _____

Phone Number (s) _____

Email Address _____

What time would be better for you?

_____ Morning _____ Afternoon _____ Anytime

The week of the conference, you will receive a phone call indicating the time of your consultation. If all slots become filled, you will be placed on a waiting list.



Grandparents As Parents of Kentucky

Location:

Clarion Hotel
1950 Newtown Pike
Lexington, KY
I-75/I-64, Exit 115

From I-75/I-64: Take Exit 115, then turn west on Newtown Pike. The Hotel is on the left at the first stoplight.

From Downtown: Take Main Street to Newtown Pike. Turn right onto Newtown Pike and go approximately 5 miles. The Hotel is on the right, before the interstate.

Room Reservations: (888)390-4918 . Ask for the \$96 (includes full breakfast buffet) GAP Conference block rate.

Legal Consults
Volunteer Attorneys will be available for free legal consultations. To request a consultation, you will need to fill out the Legal Consultation Request form (on the back of the registration form) and send it in with your registration. There are a limited number of time slots, and they will be filled in the order received.



Conference Committee:

- Kathy Allen, Grandmother
- Ann D'Ambruoso, Oeltgen & D'Ambruoso PLLC
- Joan Brandenburg, Grandmother
- Doug Burnham, Raised by Grandparents
- Mary Jo Dendy, Sandersville/Meadowthorpe Family Resource Center
- Carl Devine, Devine & Dominick, PLLC
- Diana Doggett, Fayette County Cooperative Extension Office
- Anna Dominick, Devine & Dominick, PLLC
- Martha Evans Sparks, Caregiver & Author
- Sandra Flynn, Grandmother
- Regina Goodman, Bluegrass Area Agency on Aging and Independent Living
- Rita Hardman, Grandmother
- Arion Jett-Seals, James Lane Allen Family Resource Center
- Martha McFarland & Kristy Stambaugh, LFUCG Aging & Disability Services
- Kate O' Ferral, Deep Springs Family Resource Center
- Donna Rash, Raised by Grandparents
- Dale Sanders, Grandfather
- Mary West, KET Early Childhood Education

The 2019 Conference is presented with funds from the following:

- Fayette County Bar Foundation
- Community Collaboration for Children, Friends of Children



AETNA BETTER HEALTH® OF KENTUCKY



Medicaid



For questions or further information about the GAP Conference, please call (859) 257-5582.

www.gapofky.org



Grandparents As Parents Conference