



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

Fayette County 4-H Country Ham Project

Do you enjoy eating country ham?

Would you like to learn how to cure your own
country ham?

If you answered yes, this is the project for you!

Cost \$60.00

Youth ages 9-18 will receive
2 hams to cure

The deadline to turn in the
contract and payment is
Monday, December 12th, 2022

Complete the contract

Submit payment (cash or check made out to
Fayette County 4-H Council)

**Mail or drop off form and payment to the
Fayette County Extension Office**

For more information or if you have questions contact
Lucas Powell by email at lucas.powell213@uky.edu or call
(859) 257-5582





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Dates and Requirements:

- January 16th - Curing Day, time TBA
- February 1st - How to write a speech
- March 6th - Participate in the county level communications contest
- May 26th - Clean Hams
- August 7th - Prepare hams for fair
- August 17th - Present a speech at the Kentucky State Fair

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2023 Kentucky 4-H Country Ham Project

NAME _____

ADDRESS _____

TELEPHONE _____ COUNTY _____

BIRTHDATE _____ GRADE _____

Please read each and initial you understand the requirements of the project:

By taking part in the country ham project, I am responsible for the following:	4-H Member initial	Parent Initial
Must complete 6 hours of training under the supervision of a certified livestock volunteer.		
<p>Giving a 3-5-minute presentation at KY State Fair on the required topic: Junior (Born 2013– 2009); Discuss the history of the country ham. Country ham is considered a Southeastern food, but that was not always the case. Before mechanical refrigeration, salting food was a common preservation method. Discuss the history of the country ham and how it became part of Kentucky's food heritage.</p> <p>Senior (Born 2004 – 2008); Discuss the pests that infest country hams and how to control them. Country hams are susceptible to various pests; identify those pests and discuss the various ways the pests can be controlled and/or eliminated.</p> <p>Please note – ALL SENIOR'S PRESENTATIONS MUST BE AT LEAST 2 MINUTES LONG OR THEY WILL BE DIS-QUALIFIED AND HAMS FORFIETED.</p>		
Pay \$60.00 fee – you will receive 2 hams (failure to complete the project, fee will NOT be refunded and you will forfeit both hams, Upon forfeit, if the two hams are not returned an additional \$60.00 fee will be charged and if the additional fee is not paid the 4-H member will not be able to participate in next years' country ham project).		

All winning hams will be placed on display at the Kentucky State Fair and will be returned at its conclusion.

Parents Signature Date

4-H'er Signature Date

Agent Signature Date

Completion of the 4-H Country Ham project makes 4-Her eligible to apply for Country Ham Scholarship, applications are due July 2023.

