

APRIL 2023



University of Kentucky College of Agriculture, Food and Environment Cooperative Extension Service

Cooperative Extension Service

Fayette County Extension 1140 Harry Sykes Way Lexington, KY 40504 Phone (859) 257-5582 Email: fayette.ext@uky.edu

http://fayette.ca.uky.edu/



YOU'RE INVITED!



2023 FAYETTE COUNTY EXTENSION HOMEMAKER ANNUAL MEETING



MAY 22, 2023, 6:00PM FAYETTE COUNTY EXTENSION OFFICE

The Fayette County Homemakers are hosting their annual meeting!
The theme this year is "Bloom Where You're Planted." We are
excited to celebrate the blooming of our 'new beginnings' from
August as we gather to recollect our past year and envision a
productive Summer! We look forward to seeing you there!

Menu: pimento cheese/chicken salad and croissants (make-your-own sandwich), cole slaw, pasta salad, fruit salad, sweet tea/lemonade/water. Catering by Aunt Peaches.

Cost: \$15

Entertainment: SCAPA Jazz Band "The Groove Merchants"

Basket Raffle to support our scholarship program.





Make check payable to: Fayette County Extension Homemakers Return to: Homemaker Annual Meeting, 1140 Harry Sykes Way, Lexington, KY 40504

Registration Deadline: May 8, 2023

Fayette County Homemakers Annual Meeting Registration

Name______Phone_____
Club Chicken Salad or Pimento Cheese

Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development







Kentucky Proud Evenings is a series of monthly author talks hosted at the Extension Office. Each author is local to Kentucky and is connected to the community and history of the Commonwealth. Each event will have <u>Plate It Up!</u> Kentucky Proud food samples for those attending. Each session is FREE and will begin at 6:00pm. Register on-line: https://fayette.ca.uky.edu/classregistration or call the office at 859-257-5582 to register!

Thursday, April 20, 2023: Travis L. Martin, <u>War & Homecoming: Veteran Identity and the Post-9/11</u> Generation

A timely, important, and engaging analysis of how society views the millions of veterans in this country, and how that perception has a profound impact on how veterans perceive themselves, their roles in society, and their relationships with others.

Wednesday, May 17, 2023: Randolph Paul Runyon, <u>The Assault on Elisha Green</u>

In *The Assault on Elisha Green: Race and Religion in a Kentucky Community*, historian Randolph Paul Runyon recounts one man's pursuit of justice over violence and racism in the nineteenth century. He tells the story of Green's life and follows the network of relationships that led to the event of the assault. Tracing these three men's lives brings the reader from the slavery era to the eve of the First World War, from Kentucky to New Mexico, from Covington to the Kentucky River Palisades, with particular focus on Mason and Bourbon Counties.

Thursday, June 22, 2023

Sarah L. Hall, <u>Sown in the Stars: Planting by the Signs</u>

A timely and illuminating look at the custom of planting by the signs and its past, present, and future, as told from the perspectives of farmers in central and eastern Kentucky.

The next Homemaker Board meeting will take place on April 11th from 6-7pm at the Extension office. County officers, chairpersons, club Presidents, and club Vice Presidents and/or club representative are all invited to attend. We look forward to seeing you soon!

The Kentucky Christmas Tree Association's 17th Annual Plant Auction will be held 10:00 a.m. until 12 noon, Saturday, April 15, 2023, at the Fayette County Extension Office, 1140 Harry Sykes Way, Lexington, Kentucky 40504. Bid and take home some Kentucky grown nursery stock. It is a perfect time to plant. A variety of annuals, perennials, balled and burlapped trees and shrubs will be for sale. A portion of the proceeds will be used to provide one or more scholarships for students majoring in Forestry or related sciences in the College of Agriculture, Food and Environment at the University of Kentucky. For further information please call 859 223-1140.



AARP Driver Safety-Save on Auto Insurance

Taking the AARP Smart Driver Safety Course could earn you a discount on your automobile insurance premiums for three to five years, and you will be a better driver. The AARP Smart Driver Safety Course will be held on April 25, **2023** from **12:00 p.m. to 4:00 p.m.** at the Fayette County Extension Office, 1140 Harry Sykes Way, Lexington. The AARP Smart Driver Safety Program is a classroom course for drivers aged 50 and over. The course identifies many of the changes which occur as we age and suggests strategies for accommodating those changes for safer driving. Participants who complete the course will receive a certificate which many car insurance agencies honor with a discount. A small fee covers course expenses: \$20.00 for AARP members. \$25.00 for non-members**. (Remember to bring your AARP Membership Card for the discounted fee). Seating is limited. Pre-register by calling the Fayette County Extension Office at 859-257-5582.

**Please note: You must pay by check or money order-payable to AARP. Cash not accepted.

Getting Ready for our Homemakers Annual Meeting!

Clubs Preps:

- Participate in an **Information Table** about any special and unique events that your Homemaker Club does: special trips, visits, projects. Share with a write-up, display board, or pictures. Contact Caroline McMahan to reserve a space.
- Donate a **Raffle Basket**, following the theme of "Bloom Where You're Planted." Consider gardening, plants, and indoor/outdoor living ideas. Proceeds go to support our Scholarship program.
- Plan to **decorate your Club table** for dinner.

Send pictures of your club activities since August for our annual Slideshow. Email digital pictures to Caroline McMahan (caroline.mcmahan@uky.edu) by May 15.

Arts and Crafts: Judging will take place at our August meeting. So, keep working on your projects over the coming months!

Healthy Outdoor Cooking

Spending time outdoors is fun, but it can be even more fun when you include food. This lesson includes up to date information with some activities, recipes, and techniques about how to safely prepare meals in the great outdoors with your family!

Join us for this Homemaker Lesson Leader Training on April 19, 2023 at 6:00pm at the Fayette County Extension Office. Please call the office 859-257-5582 to RSVP if you plan to attend.

Homemaker Officers/Chairs Needed for 2023-2024

We need to fill the following positions: President - Vice President - Secretary -Chairman of Special Committees (ex--Environmental, Leadership Development, Management and safety, Family and Individual development, Joy of Giving. International, Cultural Arts and Food and Nutrition) See your handbooks!

Contact the Extension Office if interested!



Dijon Chicken Asparagus Roll Ups

3 tablespoons

Dijon mustard 1/2 cup low fat mayonnaise

chicken breasts around the asparagus

1 lemon, juiced (approximately 3 tablespoons)

2 teaspoons dried thyme 4 skinless, boneless 2 teaspoons

black pepper 1/2 teaspoon salt 16 spears fresh

asparagus, trimmed

chicken breast halves (about 5 ounces each)

4 slices skimmed mozzarella cheese 1 cup panko bread crumbs

Preheat oven to 400 degrees F. Grease an 11-by-7-inch baking dish. In a bowl, mix together the mustard, mayonnaise, lemon juice, thyme, salt and pepper; set aside. Place asparagus in a microwave safe dish and microwave on high 1-11/2 minutes. Place chicken breasts between two sheets of heavy plastic (a re-sealable freezer bag works well) on a firm surface. Pound the chicken Yield: 4 servings breasts with the smooth side of a meat mallet to thickness of 1/4 inch. Place **Nutritional Analysis:** one slice of cheese and four asparagus spears on each breast. Tightly roll the

and cheese. Place each, seam side down, in the prepared baking dish. Apply a coating of the mustard mixture to each chicken breast and sprinkle each with the panko crumbs, pressing the crumbs into the chicken to secure. Bake 35 minutes or until the chicken temperature is 165 degrees F. For crisper chicken, place roll-ups under the broiler for 1-2 minutes on high.

370 calories, 10 g fat, 3.5 g saturated fat, 115 mg cholesterol, 1060 mg sodium, 2 g fiber, 2 g sugars, 41 g protein.



For More Plate It Up Recipes, Visit: https://fcses.ca.uky.edu/content/plateit-kentucky-proud

Transferring Cherished Possession Charitable Donations Follow Up

As you begin spring cleaning, I hope this resource guide of contact number and websites are helpful to locate a variety of donation drop off spots located in Fayette and surrounding county areas.

-Maranda Brooks FCS agent-

Lexington Rescue Mission-

If you would like to donate food, please contact Tammy Smith, Food Services Coordinator, at (859) 785-0967 or Tammy@lexingtonrescue.org.

If you'd like to organize a non-perishable food collection at your church, workplace or school, we can supply fliers you can use to promote your collection. Let's work together to make sure that everyone in our community has something to eat!

Clothing Items- You can drop off these items at the Outreach Center, 444 Glen Arvin Ave., Monday - Friday: 9 a.m. - 5 p.m. or Saturday: 10:00 a.m. - 1:00 p.m.

Kentucky Refugee Ministry

859-226-5661 call for further details

<u>Furniture and Miscellaneous Goods Donation</u> <u>Resources</u>

<u>ReStore | Lexington Habitat ReStore (lexingtonrestore.com)</u> <u>Fayette County – DonationTown</u> Home | FEED (feedbackpackprogram.com)

Clothing Resources

Home | re-kid (re-kid1.com)

Fashion | ReNue | United States (renuelex.com)

Buys and Sells Teen Clothes and Accessories | Plato's Closet Lexington (platoscloset.com)

Clothes Mentor Lexington Kentucky (cmlexington.com)

Pops Resale-popresale.com

CONSIGNMENT INFORMATION - Room Service, Inc.

(roomserviceinc.com)

Buy & Sell Kids' Clothing, Shoes, Toys, Furniture, and Baby Gear | Once Upon A Child Lexington-

www.Onceuponachild.com/locations/Lexington-ky

Southland Christian Church

You can drop off items between 8am and 6pm seven days a week at our Nicholasville campus, 5001 Harrodsburg Rd, under the awning of Building N (located at the back of our Nicholasville Campus, past the pond, across from the baseball field). Donations can be left there from 8AM-6PM, 7 days a week. or you can call Laura McIntyre at 859-224-1662 if you have questions.

Need help getting items here? Fill out this **Pickup Request Form** at https://southland.church/give . One of their staff will contact you to get your pickup scheduled.

Ukraine Pentecostal Church

Donations Accepted Tuesday and Fridays 1p-4p on 1101 Brannon Road Nicholasville KY call 859-414-6868 for more details.





The UK Cooperative Extension Service, UK Alumni Association UK Human Resources STEPS Temporary Employment are pleased to announce the winter/spring 2023 Job Club schedule.

The purpose of Job Club is to provide a positive environment for job seekers to meet, connect, share, and learn. Job Club is for you if you are motivated and currently out of work, underemployed or looking to make a career transition. The free group is open to the public and meets the second and fourth Tuesday of each month, from 9:00–10:15 a.m. Participants may attend online via zoom or at the Fayette County Extension Office, 1140 Harry Sykes Way, Lexington. In addition, recruiters and employers are always welcome and may have a one-minute spotlight to share active job leads with Job Club attendees.

Job Club Meeting Schedule

April 11: Making Expungements Work for Your Communities

Presented by Dennis Ritchie, J.D., Sr. Director of Reentry and Young Adult Services, Goodwill Industries of Kentucky, Inc.

This session will focus on the shortage of labor in various industries and how expungements help increase the number of available employees (the why). What is an expungement, how to get an expungement, and how goodwill facilitates the process will be addressed along with expungement reform.

ONLINE ATTENDEES REGISTER

HERE: https://bit.ly/JC41123

April 25: Job Search Tips & Strategies from a Panel of Regional Recruiters and HR Professionals

This popular session will feature a panel of local HR professionals and recruiters. Acquire job search tips and strategies directly from those involved in the recruiting and hiring process. Use this opportunity to get your job search, application, and hiring inquiries answered. Come prepared with questions for the panel.

ONLINE ATTENDEES REGISTER

HERE: https://bit.ly/JC42523

Homemaker President Greetings

Happy APRIL and SPRING to All!

By the time—you get your newsletters—we will have **more DAYLIGHT time—SPRING starting on March 20** AND the **month of APRIL** will mark that one quarter of the year is behind us! Where is 2023 going? I think we better celebrate and enjoy each day as it comes! After the recent Windstorm, I think we discovered how blessed we are. Continued thoughts and prayers to those who struggled with the loss of power and electricity—not to mention the loss of food, homes, and life!

On a more positive side, **SPRING** does symbolize a season of hope and joy. With spring, comes so many new opportunities and changes we can experience. Once the weather settles down, make sure you read over the newsletter and check out the following items:

- **Kentucky Proud Evenings**—these are a series of monthly talks be famous authors—you may have recall them before Covid and attended them. Now we have more LIGHT...so it may be worth checking it out. I attended one in February and the author spoke, sold, and signed books. We had light refreshments—it was a refreshing evening! Many sessions are planned!
- **The "Calendar Cooking" Class** is something new—many sessions are planned monthly, and the calendars are simply wonderful. Recipes are nice and easy too. This "Calendar Cooking" project is one that all should check out for some fun eating!
- By now, the "Quilters Day Out" would have occurred so many of you have been inspired to quilt and sew more. A great day! Try and take advantage of all the FCS classes.
- Save the date for the next **Homemaker Board meeting—Tuesday April 11, 2023, 6:00—7:00 pm – All clubs need to send a representative**
- Save the date **for Monday, May 22, 2023**, for our spring celebration "**Bloom where you are Planted**". More details are in this newsletter.
- Check out all special classes for basketmaking and sewing.
- The Gardeners Toolbox will be coming out with more classes—many are ready to get their hands dirty and work in the rich soil.
- If all else fails there are always ball games on television and Hallmark movies to watch!
- Get creative and have fun!

For the month of APRIL here are a few fun notes, tidbits, and interesting facts:

April 1st—better known to many as "**April Fool's Day**!" Da day so spread a little cheer and a smile to others—I think we all need a smile

April 2nd — **National Peanut Butter and Jelly Day (P and J**)—doesn't that bring back some great childhood memories!? Fix one with a glass of milk!

April 4th—Marks the historical anniversary of the **assassination of the Civil Rights leader—Dr. Martin Luther King**, Jr.

April 7-8 and -9 --This weekend is observed as **Good Friday, Easter, or Resurrection Sunday**. Easter is not always celebrated in March but can occur anything between March 22 and April 25—it all depends on the Moon. A great time for family, friends, and church celebrations. Try some new recipe for your special dinners. If the weather permits—a good old fashioned Easter Egg hunt is always fun! **Yummy Easter treats!**

April 9—National Unicorn Day—a fun and magical day!

April 10—National Sibling Day! Share some extra **LOVE** that day!

April 11—National Pet Day—do you have a special pet? Share some special treats with them! (Woof Woof! Meow! Tweet Tweet!

April 23—National Book Day—grab your favorite book and spend a nice afternoon reading.

April 30—National Honesty Day! That speaks volumes!

Continue to be safe and enjoy the Spring season—Stay warm and cozy! I promise Spring is coming!

HAPPY SPRING!

Love and Blessings to all!

Alyce Emerson, President

Preparing for tax season is half the battle

Now is the time when we start thinking about filing our income taxes. Even though it's an annual event, it can cause anxiety for many. By preparing now, you can ease the process for yourself or your tax preparer.

Begin by gathering the necessary forms including your social security number and that of your spouse if filing jointly, plus the numbers of any dependents. In addition to W-2 forms, you want to include information about any taxable interest you earned from savings accounts, stocks, mutual funds and virtual currency transactions. You will need to gather other 1099 forms from any earned compensation, including unemployment compensation, pension distributions, annuity or retirement plans or contract employment.

Additionally, have a copy of last year's federal and state tax returns accessible, and your bank account and routing number to receive any refunds by direct deposit. Depending on your circumstances, you may need to include Form 1095-A, Health Insurance Marketplace Statement. One of the largest deductions many people can claim is mortgage interest. If you have a mortgage, you should have a 1098 form from your lender specifying how much interest you paid in the last year. Mortgage interest and points paid for a 2022 home purchase in 2022 are tax deductible if you itemize.

If you expect a refund, different factors may impact it when you receive your return. The IRS issues most refunds within 21 days, however, the IRS cautions taxpayers not to rely on receiving a refund by a certain date. Returns that require additional review can take longer, especially considering the record number of identity theft and refund fraud claims brought about by the pandemic.

To receive your refund quickly, electronically file your taxes as early as possible and choose the direct deposit option.

If you owe the IRS money this year, you may want to consider changing your withholding status with your employer moving forward. This will allow the employer to withhold more money from your check throughout the year, so you're not hit with a big payment next year.

For general information on filing taxes this year, visit https://www.irs.gov/newsroom/tax-time-guide-things-to-consider-when-filing-a-2022-tax-return.

If you have questions about whether certain tax laws apply to your individual circumstances, consider using the IRS Interactive Tax Assistant tool at https://www.irs.gov/help/ita. This free online tool can help you determine if you need to file a tax return, your filing status, if you can claim a dependent, if your income is taxable, tax credit eligibility, or if you can deduct certain expenses.

Source: Nichole Huff, extension specialist for family resource management



University of Kentucky College of Agriculture, Food and Environment Cooperative Extension Service

SUNSET YOGA SERIES



AN AFFIRMING AND LOVING HEALING SPACE FOR YOGA, MEDITATION, AND MINDFULNESS

- \$5.00 PER CLASS
- NO PREVIOUS YOGA EXPERIENCE REQUIRED
- COMFORTABLE CLOTHES RECOMMENDED
- BRING YOUR MAT! LIMITED MATS AVAILABLE

MEET YOUR INSTRUCTOR



Natalie Malone, MS 200RYT (she/her), is a certified yoga instructor, PhD-psychologist-in-training, and business owner who assists people in their holistic wellness journey.

MARCH/APRIL 2023 SCHEDULE

Mondays, March 13 & April 3 Wednesday, March 22 & April 12 Wednesday, March 29 & April 19

All classes meet from 6-6:45 PM EST

Location:

Fayette County Extension Office 1140 Harry Sykes Way

Outdoor Class (weather permitting)

Call the extension office at 859-257-5582 to register!

Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

LEXINGTON, KY 40546









University of Kentucky College of Agriculture, Food and Environment Cooperative Extension Service



NATIONAL EXTENSION WORKING GROUP

LEARN THE BASICS ABOUT DIABETES.

MAKE HEALTHIER VERSIONS OF FAMILIAR FOODS.

LEARN NEW COOKING TECHNIQUES.

SAMPLE HEALTHY RECIPES.

Seafood Edition Series

Wednesdays April 5th, 12th, 19th and 26th 5p-6:30pm Fayette Extension Office 1140 Harry Sykes Way

Call the extension office at 859-257-5582 to register for the series Series Cost: \$10















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Kentucky State University, U.S. Department of Agric LEXINGTON, KY 40546



Disabilities accommodated with prior notification.

US FOR .. COOKING THROUGH THE CALE

Fayette County Cooperative Extension Office

Join us at the Fayette County Extension office 6:00-7:30pm for our monthly cooking demonstration and sampling. Try tasty Nutrition Education Program Calendar recipes and discover strategies to eat healthier and cook at home!

> FREE! Registration required to plan for food samples. Register on-line: https://fayette.ca.uky.edu/classregistration or call 859-257-5582.

> > April 13: Rainbow Pasta Salad

May 24: Easy Tortilla Breakfast Pizza

June 21: Blueberry Cheesecake Bars

July 19: Tuscan Chicken and Pasta

August 16: Skillet Pork Chops with Peaches

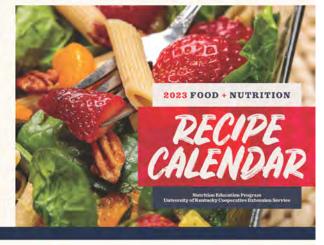
September 27: One Pan Shrimp and Veggies

October 25: Italian One Pot Pasta and Beans

November 29: Slow Cooker Buffalo Chicken

Stuffed Sweet Potatoes





















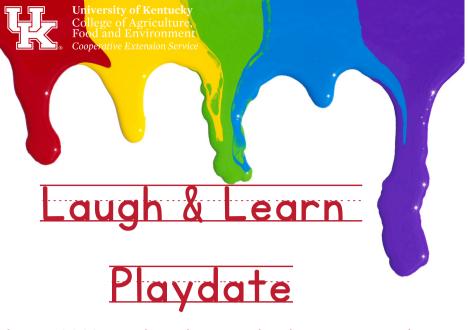


Join us at the William Wells Brown Community Center for a celebration of physical and mental health. Discover strategies for living your best life! Enjoy a morning or afternoon fitness session, wellness checks, vendors, and enjoy lunch with our partners Register on-line: https://fayette.ca.uky.edu/classregistration or call the Fayette County Extension Office at (859) 257-5582 to reserve your spot and ensure your lunch for this FREE event.

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Join our 2023 Laugh and Learn Playdate Program that targets school readiness objectives! Each month offers learning activities that are relevant to children's development and will coincide to help celebrate holidays or seasonal festivities.

Each session is at the Fayette County Extension Office from 10-11:30am.

FREE for all children ages birth to 5 and all children must be accompanied by an adult.

Lessons include a healthy snack, book, craft, music activity, fine motor and large motor activities, and free play.

For more information, contact our office at 859-2575582 or email Caroline McMahan at caroline.mcmahan@uky.edu

2023 Program Schedule:

4/26 9/27

5/31 10/26

6/28 11/29

7/26 12/13

8/23











1140 Harry Sykes Way
UK Cooperative Extension
Lexington, KY





ASK THE EXPERTS:

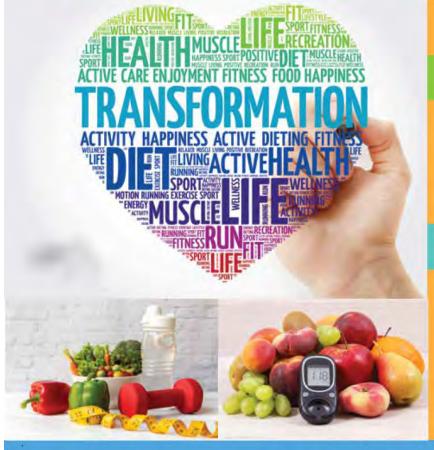
 Health experts will be onsite to answer your questions.

FREE SCREENINGS:

- A1c and diabetes vision
- Blood pressure
- Alzheimer's/Memory
- Free vaccines
- Foot screenings and more!

OVER 25 VENDORS:

- Cooking demonstrations
- Primary Care services
- Insurance representatives
- Monitoring products
- Silent Auction: to benefit Camp Hendon
- More to be announced!







Admission is FREE!

Prize drawing for all those who pre-register!

Call: 859-257-5582









Come and join us for a mommy & me do together craft, snacks and some sensory fun!

May 21st 1pm-3pm

Please RSVP by calling the Fayette Co. Extension Office 859-257-5582

1140 Harry Sykes Way, Lexington, KY 40504

Cooperative Extension Service
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FCS CLASSES

We are happy to offer you the following opportunities. Classes/events have limited enrollment so register <u>early</u> to assure a spot in the classes/events you wish to attend. All classes/events, including the "Free" ones, are "PRE-REGISTRATION" only. For classes/events with a class fee, registration and fee must be submitted to reserve a space.

Round Twill Basket Class: April 18 - 10am-4pm - Make this 15 " H continuous weave wall basket in choice of natural or green. Will be using 1/4" reed over a bottle mold. This advanced beginner class is taught by Mary McAllister. **Cost: \$35 for homemaker members and \$43 for non-homemaker members.**





Windmills Table Runner: April 24 and May 8 – 5:30-9:00pm or May 5 and 19 – 10:00am-3:30pm. Do you want to learn how to quilt? This basic table runner is just the thing for a beginner. In this class you will learn the beginning techniques for quilting. Practice using a mat and rotary cutter, techniques such as making flying geese and sewing blocks together. We will talk about how to put together the quilt "sandwich" to complete the project and how to finish the edges with binding or other methods. The project calls for a charm pack, this will help you get the project complete. Fabrics can be of any design, just make sure they are 100% cotton. The runner can be made as a long table runner or sewn together in a block to make a table mat. Instructor: Liz Kingsland. Cost: \$30 for Homemaker members or \$38 for non-members. Yardage and cutting instructions will be provided upon registration.

<u>Patriotic Stars Quilt Class:</u> May 9 - 9:30am-5:00pm. Instructor: Patty Pruitt. Cost: \$20 for Homemaker members or \$28 for non-members. Supply list provided upon registration.



Beautiful Blooms Quilt Class: May 11 & 25 – 10:00am-3:30pm. In this class you will create a bright floral quilt. Choose fabrics with flowers, small polka dots and stripes to make your tulips, or go completely scrappy for a completely different look. A large floral border works well too. A single coordinating fabric for the centers of the tulips will make it all come together. This pretty quilt will enhance any space. Instructor: Liz Kingsland. Cost: \$30 for Homemaker members; \$38 for non-members. Yardage and cutting instructions will be provided upon registration.

<u>Basket of Many Colors Basket Class:</u> May 16 - 10:00am-4:00pm. This is small basket woven on a 5" round wood base. The pattern will be the reverse of this picture with the stakes in a selection of dyed Reed. Every one will be different based on choices of each student. Weavers will be natural in a continuous pattern. Handle added in Square or round top. This advanced beginner class is taught by Mary McAllister. **Cost: \$39 for home-maker members and \$47 for non-homemaker members.**



Make Checks Payable to:

Community FCS Programs

Return registration form and payment to: Fayette County Extension 1140 Harry Sykes Way, Lexington, KY 40504

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FCS CLASS	AMOUNT	2023 FCS CLASS REGISTRATION FORM:
Basket Class- 4/18		
Reed Color—Natural or Green		Name:
Windmills Table Runner—4/24		Phone:
Windmills Table Runner—5/5		E-Mail:
Patriotic Stars—5/9		
Beautiful Blooms Quilt—5/11		Address:
Basket Class—5/16		City: State: Zip:
TOTAL FEE AMOUNT	\$	

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Family and Consumer Sciences
4-H Youth Development

Community and Economic Development









Fayette County Cooperative Extension 1140 Harry Sykes Way Lexington, KY 40504

RETURN SERVICE REQUESTED

Fayette County Extension Family and Consumer Sciences Newsletter



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Fayette County Extension Service 1140 Harry Sykes Way Lexington, KY 40504 (859) 257-5582

Office Hours: 8:00am - 4:30pm - Monday-Friday

UNIVERSITY OF KENTUCKY, KENTUCKY STATE UNIVERSITY, U.S. DEPARTMENT OF AGRICULTURE, AND KENTUCKY COUNTIES, COOPERATING



facebook.com/FayetteCoFCS facebook.com/FayetteCoHM

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