

## **Communication Activity 2: Body Language Communication**

Engage participants in the role play to understand what you “say” with your body language.

**Situation:** Your County Homemaker Council is holding a Taste of the Holidays event. Several members have volunteered to work a Homemaker membership booth. A prospective homemaker comes up to the booth to find out more information about joining.

### **Roles:**

Have three homemaker members in your club play the roles of the following women working the booth.

**Henrietta Hillthorn**, who has a tendency to frown, stare people down, and cross her arms

**Lisa Happyday**, who has a tendency to smile, make good eye contact, hold her shoulders back, and communicate in a confident manner

**Lucy McNervous**, who has a tendency to make sporadic eye contact, chew on her lower lip, and fidget often

### **Discussion Question:**

What impression do you think the prospective homemaker will have after encountering Henrietta, Lisa and Lucy?