



### **Communication Activity 3: Active Listening**

- This next activity demonstrates the importance of active listening. Ask participants to pick a partner and decide who will be the speaker (the person doing the talking) and who will be the listener (the person receiving the message). First, the speakers will tell their partners about a positive or negative experience. It can be anything (examples: a great class they attended, the death of a pet, etc)
- When the speakers finish telling their story, the listeners must repeat the story back to the speakers. The speakers will then tell the listeners if the story was accurate or not and tell the listeners the correct information in the story.

### **Discussion questions**

To the speakers: • Did your partner repeat your story back accurately? • Did you get the impression that your partner was actively listening? Why or why not?

To the listeners: • How did you use the active listening process during the storytelling? • What role did verbal and non-verbal communication skills play in effectively telling and listening to the story?