LET'S TALK ABOUT IT!

KEYS TO GREAT COMMUNICATION

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communication noun

com·mu·ni·ca·tion | \ kə- myü-nə- kā-shən

1

a: a process by which information is exchanged between individuals through a common system of symbols, signs, or behavior

b: personal rapport

4 communications plural in form but singular or plural in construction
a: a technique for expressing ideas effectively (as in speech)
b: the technology of the transmission of information (as by print or telecommunication)



WAYS WE COMMUNICATE

Spoken Nonverbal

Written

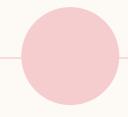


WAYS WE COMMUNICATE



SPOKEN

- What we say
- How we say it (paraverbal)
 - o Pitch
 - o Tone
 - o Speed



NONVERBAL

- Facial expressions
- Gestures and body language



WRITTEN

- Handwritten or typed
- Electronic methods
- Mixture of both



SPOKEN/VERBAL COMMUNICATION

What we say

• How we say it (paraverbal)



SPOKEN/VERBAL COMMUNICATION

"I didn't say you
were wrong."

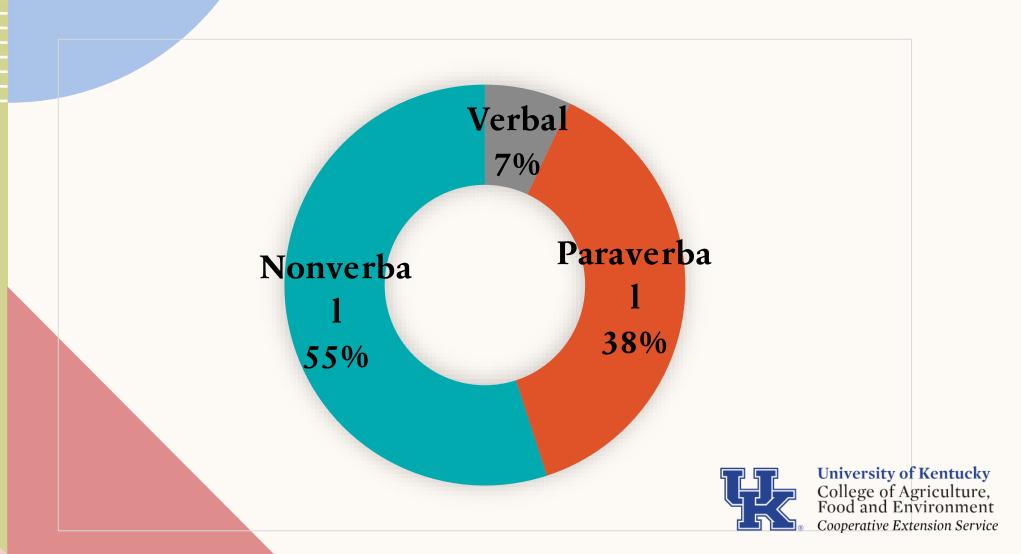


SPOKEN/VERBAL COMMUNICATION

- o Pitch
- o Tone
- o Speed



NONVERBAL COMMUNICATION



NONVERBAL COMMUNICATION

Gestures

Facial expressions and body language

"The most important thing in communication is to hear what isn't being said."

— PETER DRUCKER



"When people talk, listen completely."

— Ernest Hemingway



ACTIVE LISTENING

Listening is the process of considering the spoken words and the other factors around the words (such as our nonverbal communication) and then interpreting the entire message



ACTIVE LISTENING TIPS

When you are listening – listen!

Avoid interruptions.

Listen 90% of the time, talk 10%.

Keep your talk related to the conversation.

Do not offer unsolicited advice.

Be aware of your environment.

Take notes if appropriate, but avoid disrupting the conversation.

ACTIVE LISTENING STEPS

Identify the frame of reference.

Listen closely and attentively.

Respond verbally and nonverbally.



KEEP TALKING ABOUT IT!

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Presentation adapted from University of Kentucky FCS Extension's Positive Employability curriculum and Kentucky Extension Leadership Development (KELD) publications

